

The Counselor's Clipboard

Now that we have been in school for several weeks, you may be finding that the “honeymoon” phase with your child’s new grade assignment may be wearing thin. Children in grades 3-5 may be noticing that they are required to take on more responsibility for their own schedules and school work than in the past. If this is causing frustration and anxiety in your home, it may be time to consider fine-tuning your child’s time management skills.

Does your child consistently:

- have difficulty planning ahead?
- procrastinate?
- have incomplete assignments?
- miss deadlines?
- appear disorganized?
- make repeated excuses for marginal performance?

It may be time to consider fine-tuning those Time Management skills! While your child’s teacher and counselor can provide tips and strategies, implementing them at home can make all the difference.

- Urge your child to set specific academic goals and obligations, and establish priorities.
- Help her by modeling how to logically sequence tasks.
- Most importantly, set a study schedule that will allow your child to meet the goals you have established together. Too many outside activities may be putting undue stress on your child. Consider making changes if you feel it is necessary.
- Periodically evaluate the effectiveness of your schedule.

And don’t forget to celebrate the small successes along the way! Time management is a process that is learned through time...and trial and error!

The Resistant Learner: Helping Your Child Knock Down the Barriers to School Success. By Lawrence Greene

If you feel that your child (and your household!) are continuing to experience difficulty managing assignments, don’t hesitate to consult with your child’s teacher. In addition, your School Counselor can assess the situation, and offer help as well.

Interested in volunteering??

Don’t forget...charity starts at home!

Carroll Manor loves to have classroom volunteers for ALL types of activities. We could not get along without them! But don’t forget that helping at school often begins at your own kitchen table. Supporting your child by checking his or her folder, completing any paperwork, making sure your child has his or her supplies and communicating with your child’s teacher is a great way to help your child have a successful school year.