

Jacksonville Elementary School

Parent/Teacher/Student Lending Library



2005-2006

The attached list of books, videos, and games are available to you through the JES Lending Library located in the nurses office. Please feel free to stop by, browse, and sign out any items of interest. If you cannot come in you can contact me at 410-683-8351 with the name of the item that you would like me to send home with your child. We ask that items not be signed out for no longer than one month.

**Thank You,
Doris Eller R.N.**

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Books and Videos on Parenting



Active Parenting Today, For Parents
of Children ages 2-12
Michael H. Popkin Ph.D. 1993

Active Parenting of Teens
Michael H. Popkin Ph.D. 1993

1-2-3 Magic
Thomas W. Phelan, Ph.D. 1995

The Roller Coaster Years
Raising your child through the maddening
Yet magical middle school years
Giannetti and Sagarese

Managing the Morning Rush –
Shaping up Your Family's Morning
Routine
Lee Canter

How to Handle a Hard-to-Handle Kid
A parents' guide to understanding
and changing problem behaviors
C. Drew Edwards, Ph. D.

Queen Bees and Wannabes
Helping your daughter survive
cliques, gossip, boyfriends &
other realities of adolescence.
Rosalind Wiseman

The Answer Is No!
Saying it and sticking to it
Cynthia Whitham, MSW 1994

The Good Kid Book
How to solve the 16 most common
problem behaviors
Howard N. Sloane, Ph.D. 1979

Parents, Please Don't Sit On Your Kids
A Parent's Guide to Nonpunitive Discipline
Clare Cherry

Helping the Child Who Doesn't Fit In
Decipher the hidden dimensions of social
rejection
Stephen Nowicki Ph.D.

Seven Steps to Homework Success
A family guide for solving common home-
work problems
Sydney S. Zentall Ph.D.

Adolescence Isn't Terminal
It just feels like it!
Dr. Kevin Leman

Good Friends Are Hard To Find
Help your child find, make and keep friends.
Fred Frankel, Ph.D.

Positive Self-Talk for Children
Teaching self-esteem through affirmations
Douglas Bloch

Healthy Kids
Help them eat smart and stay active
Marilu Henner

How To Do Homework Without Throwing Up
Trevor Romain

Get Off My Brain!
A Survival Guide for *Lazy Students
*Bored, Frustrated, and Otherwise Sick
Randall McCutcheon

Bullies Are A Pain in the Brain (children's book)
Trevor Romain

Raising Resilient Children
Robert Brooks, Ph.D.
Sam Goldstein, Ph.D.

Bully Free Classroom
Allan L. Beane, Ph.D.

Survival Tips for Working Moms
Linda Goodman Pillsbury

You Can Handle Them All
A discipline model for handling over one hundred different misbehaviors at school and at home.
Robert L. DeBruyn

Win the Whining War and Other Skirmishes – A Family at Peace
Cynthia Whitham

What Would You Do? (children)
A Kid's Guide to Tricky and Sticky Situations
Linda Schwartz

Backtalk – 4 Steps to Ending Rude Behavior in Your Kids
Audrey Ricker, Ph.D.
Carolyn Crowder, Ph.D.

Raise Your Child's Social IQ
Stepping Stones to People Skills for Kids
Cathi Cohen, L.C.S.W.

The Handbook for Helping Kids with Anxiety & Stress
Kim "Tip" Frank, Ed. S., LPC

BOARD GAME: Hey, Dad – Let's Talk – A Game for "Keeping Families Connected"

VIDEOS:

1-2-3 Magic
Effective discipline for children

Managing Oppositional Youth
Arthur L. Rabin, Ph.D.

Books and Videos On ADHD



Beyond Discipline
From Compliance to Community
Alfie Kohn

Keys to Parenting a Child With
Attention Deficit Disorder
Barry E. McNamara, Ed. D.

All About Attention Deficit Disorder
Symptoms, Diagnosis and Treatment:
Children and Adults
Thomas Phelan Ph.D.

Understanding Girls With ADHD
Patricia Quinn MD

From Chaos to Calm
Effective parenting of challenging children
with ADHD and other behavioral
problems
Sharon Weiss M.Ed.

Hyperactivity – Why Won't My
Child Pay Attention?
Dr. Sam Goldstein

The Hyperactive Child, Adolescent, and
Adult
Paul H. Wender, M.D.

Attention Deficit Disorder and
Learning Disabilities
Realities, myths and controversial
treatments
Barbara D. Ingersoll Ph.D

Problem Solver Guide for Students with
ADHD
Harvey C. Parker Ph.D..

The ADD Hyperactivity Handbook
for Schools
Harvey C. Parker, Ph.D.

Advocacy Handbook
A Parent's Guide for Special Education
CH.A.D.D. Educators Manual
An In-depth Look at ADD from an
Educational Perspective
Russell Barkley Ph.D.

Driven to Distraction
Edward M. Hallowell M.D.

Answers to Distraction
Hallowell & Ratey

Straight Talk about Psychiatric
Medication for Kids
Timothy E. Wilens, MD

Beyond Discipline
From Compliance to Community
Alfie Kohn

Making the Writing Process Work:
Strategies for Composition &
Self-Regulation
Karen R. Harris

Straight Talk About Psychiatric
Medications for Kids
Timothy E. Wilens

The ADD Hyperactivity Workbook
for Parents, Teachers, and Kids
Harvey C. Parker, Ph.D.

ADD Quick Tips – Practical Ways to Manage
Attention Deficit Disorder Successfully
Carla Crutsinger & Debra Moore

Videos:

All About Attention Deficit Disorder Part 1
Thomas W. Phelan PhD

All About Attention Deficit Disorder
Part 2
Thomas W. Phelan PhD

A New Look at ADHD
Dr. Russell Barkley

ADHD in the Classroom
Dr. Russell Barkley

ADHD What Do We Know?
Dr. Russell Barkley

Fears & Prejudices About ADHD
Dr. Thomas Brown

Autism and Asperger Syndrome

Books

Autism and Asperger Syndrome
Uta Frith

Teaching Children with Autism
Strategies to enhance communication
And socialization
Kathleen Ann Quill

Taking the Mystery Out of Medications
In Autism/Asperger Syndromes
Luke Tsai, M.D.

Ask Me About Aspergers
Video

Learning Disabilities

Testing

Advocacy

Books

A Parents Guide to Learning Disabilities
Understanding and Helping Your Child
Alice C. D;Antoni

Succeeding with LD
20 True Stories About Real People
with LD
Jill Lauren M.A.

Special Children, Challenged Parents
The struggles and rewards of raising
a child with a disability
Robert A. Naseef, Ph.D.

Advocacy Handbook
A parent's guide for Special
Education
Balto. Co. Public Schools (2004)

When Your Child Needs Testing
Milton Shore

The Misunderstood Child
A guide for parents of children with
learning disabilities
Larry Silver M.D.

***How Difficult Can This Be?
F.A.T. City (Frustration, Anxiety &
Tension) Learning Disabilities

Bridging the Gap – Raising a Child
with a Nonverbal Learning Disorder
Rondalyn Varney Whitney

Video
**A must see!

Depression & Anxiety **Obsessive Compulsive Disorder** **Sensory Integration Dysfunction**

Books

The Out of Sync Child
Recognizing and Coping with
Sensory Integration Dysfunction
Carol Kranowitz M.A.

Helping Students Overcome Depression
and Anxiety – A Practical Guide
Kenneth Merrell

Asthma – Videos

Managing Childhood Asthma
American Lung Association

Keep Breathin'
A Kid's Workout for Body and Mind
Canyon Ranch

Your Allergies: Beating the Triggers
Medcom

Breathing Easy
Getting the Most from Your Asthma Meds
Gary Rachelefsky, MD

Free to Breathe
Inhaler Use for Children with Asthma
Allergy and Asthma Network

Wheeze World

I'm A Meter Reader
How to monitor asthma using your peak flow meter

Books and videos for children



My Brother's a World Class Pain:
A sibling's guide to ADHD
Michael Gordon Ph.D.

Sometimes I Drive My Mom Crazy
But I Know She's Crazy About Me
Lawrence Shapiro Ph.D.

Distant Drums, Different Drummers
A Guide for Young People with ADHD
Barbara Ingersoll, Ph.D.

Putting On The Brakes
Young People's Guide to
Understanding ADHD
Patricia Quinn M.D.

Making The Grade
An Adolescent's Struggle With ADHD
Roberta N. Parker

Jumpin Johnny Get Back To Work
A Child's Guide to ADHD/Hyper-
activity (Book and Video)

Otto Learns About His Medicine
A Story about Medication for Hyperactive
Children
Matthew Galvin MD

A Child's Guide to Concentrating
Bonita Blazer

Jumpin' Jake Settles Down
A workbook to help impulsive children
Learn to think before they act
By Lawrence Shapiro, Ph.D.

Getting a Grip on ADD
A kid's guide to understanding and
coping with attention disorders
Susan Smith, Ed.D.

The "Putting on the Brakes" Activity
Book for Young People with ADHD
Patricia Quinn, M.D.

Shelly The Hyperactive Turtle
Deborah Moss

The Guidance Club for Kids (Video)
The kids guide to coping with ADD
Rindy Reference Press

A.D.D. no B.A.D.
Audrey Penn & Monica Wyrick

The ADDED Touch – Spend the day
with Matthew, a first grader with
Attention Deficit Disorder
Robyn Watson

Stress Can Really Get on Your
Nerves
Trevor Romain & Elizabeth Verdick

Cliques, Phonies, & Other Baloney
Trevor Romain

A Very Special Critter
Gina and Mercer Mayer

Kids Like Me
Children's Stories about
Obsessive Compulsive Disorder
Constance H. Foster

The Survival Guide for Kids
with LD
Gary Fisher Ph.D.
Rhoda, Cummings, Ed. D.

Different & Alike
Nancy McConnell