



Notes From the nurse.

Red Ribbon Week 2009 October 26 – October 29th



"I Show Good Character by Being Drug Free!"

The Wellness Committee has planned several special events for *Red Ribbon Week!* As you may already know, the inspiration for Red Ribbon Week was the 1985 murder of Enrique Camarena, a Drug Enforcement Administration special agent on assignment investigating drug trafficking in Mexico. To honor him, drug prevention programs called Camarena Clubs were started. People wore red ribbons to show their support. This eventually turned into Red Ribbon Week, which was officially proclaimed by Congress in 1988.

Red Ribbon Week focuses on educating students about healthy choices, especially the choice to avoid drugs. The need for drug prevention efforts never diminish. Each year there are millions of new students just starting their journey through school who have not yet heard the anti-drug messages expressed during Red Ribbon Week. With more than 100,000 schools and organizations taking part, Red Ribbon Week is the largest anti-drug event in the United States.

During Red Ribbon Week students will learn about the history of Red Ribbon Week and participate in several Red Ribbon Week activities. Below is a list of the scheduled events:

- **Monday: Red Ribbon Day!** Students will receive their own Red Ribbon to wear during the week long celebration. Teachers will also be discussing the history of Red Ribbon Week with their students.
- **Tuesday: Wear Red Day!** Please encourage your child to wear red today!
- **Wednesday: "Care and Share Wednesday"** Each class will be creating their own Red Ribbon Week poster. Posters will be displayed in our school and in local businesses.
 - Grades 4 and 5 will have an opportunity to attend the assembly "Let's Show Good Character by the Choices We Make."
- **Thursday: "Lets Show Good Character for Cool Kids!"**
It's Movie Night! Once again JES will sponsor a movie night! Proceeds will benefit Cool Kids! **Please watch for a separate flyer to come home with your child.** Deadline to sign up for movie night is Tuesday Oct 27th.

During the month of October Mrs. Sullivan, our school counselor, will be visiting students in the classroom to discuss the importance of good character.

She will also touch on our character trait of the month which is respect. A discussion about self respect in relation to making healthy choices will be a major component of each presentation.

Sometimes, as parents, it's hard to talk to our children about the dangers of drug use. We hope that the activities that take place at school this week will serve as a springboard for conversation about this very important topic at home. Please take this opportunity to sit down and talk to your child about making healthy choices each and every day.

The Wellness Committee

The HELPS Coalition and Jacksonville Elementary present

Internet Safety Night

(Open to Children and their Parents)



*Please plan to attend this event with
your child to learn the latest in internet safety.*

Presenter: Officer Robin Brock, Balto. County Police Dept.

October 22, 2009

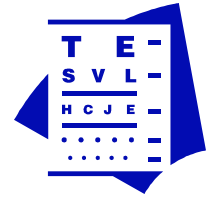
6:30 PM – 8PM

Jacksonville Elementary Cafeteria

For additional information, contact Doris Eller or Julie Sullivan
@ 410-887-7880

*This is also the day of the JES Blood Drive & Marrow Drive!
Please plan to come 10 minutes early and join the Marrow
Registry! It is easy – fill out a form, swab the inside of your cheek,
and save a life!*

Hearing and Vision Screening



Hearing and vision screening will take place at JES beginning Oct 30th. Students in grades kindergarten (if not previously screened in a Balto. Co. Pre K program), one, and four will be screened. Students new to the Baltimore County School System will also be screened. Please contact Doris Eller RN at 410-683-8351 if you have any questions regarding this program.

Flu Vaccines – Seasonal and H1N1



What is the difference between Seasonal and H1N1 flu vaccines?

This year the flu vaccine is coming in two parts. The Seasonal part targets flu strains that were predicted to be circulating, based on information available in the winter of 2009. In the spring of 2009, health officials discovered a new strain of flu, called H1N1 or “swine” flu. A separate vaccine has now been developed for this new strain.

Will there be a flu vaccine that contains both strains (seasonal and H1N1)?

No, not this year.

Who should get the H1N1 flu vaccine?

The Centers for Disease Control and Prevention (CDC) recommends that the following groups get the H1N1 flu vaccine as soon as it is available:

- Pregnant women
- Persons caring for children under 6 months of age
- Persons between the age of 6 months and 24 years
- Persons between the ages of 25 years and 64 years who have a chronic health condition (like diabetes) that places them at increased risk for complications of the flu
- Health care workers

Is H1N1 vaccine available? Where will I be able to get my child an H1N1 shot?

The Department of Health expects to receive vaccine in mid to late October and will begin a series of public clinics once the vaccine arrives. These clinics will be publicized through our schools and through the media. Many of the clinics will be held in Baltimore

County school buildings. Some schools may have a clinic held at their school during the school day. Some private doctors have also registered to be a provider of this vaccine. You can check with your child's doctor to see if your child will be able to get the vaccine at his/her doctor's office.